

Aqa Gcse Food Preparation Nutrition Revision Guide

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areas such as food science and application of knowledge with revised coverage supported by pedagogy using accessible language to break down key concepts develop students culinary skills with engaging and cost effective practical activities throughout consolidate learning and prepare for written assessment with short retrieval questions as well as exam practice questions worked answers mark schemes and commentary

evidence based practice boxes emphasize the importance of using research to achieve the best possible patient outcomes expanded health promotion coverage includes the world health organization s definition of health the concept of wellness and patient education an in depth discussion of childhood obesity explores the impact and prevention of this major health concern additional information on metabolic syndrome examines its effects on the cardiovascular system coverage of nutrition support includes the use of adapted feeding tools to aid patients in various disease states perspective in practice boxes offer quick access to practical applications of nutrition principles choose your foods exchange lists for diabetes features the latest updates from the american dietetic association

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this title has been submitted for approval by aqa motivate all learners to build their knowledge and skills so they can approach both practical and written assessments with confidence written by a leading author team our new edition textbook has been specifically designed to provide comprehensive accessible and engaging content for aqa gcse food preparation and nutrition easily deliver your course with structured and comprehensive coverage of the specification supporting both specialist and non specialist teachers enable students of all ability levels to progress with accessible language clear layout and photographs used throughout to bring the content to life help students understand the relevance of food science with revised content including more scaffolding and guidance on how to apply their knowledge in the context of assessment build students knowledge and skills with key term definitions study tips and activities including practical tasks to help them prepare for the nea component consolidate learning with short practice questions that check understanding plus exam style questions to help students prepare for assessment with all answers provided in the book

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