

Comfort Food

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with contributions by barbara banks sheila bock susan eleuterio jillian gould phillis humphries michael owen jones alicia kristen william g lockwood yvonne r lockwood lucy m long luanne roth rachel h saltzman charlene smith annie tucker and diane tye comfort food explores this concept with examples taken from atlantic canadians indonesians the english in britain and various ethnic regional and religious populations as well as rural and urban residents in the united states this volume includes studies of particular edibles and the ways in which they comfort or in some instances cause discomfort the contributors focus on items ranging from bologna to chocolate including sweet and savory puddings fried bread with an egg in the center dairy products fried rice cafeteria fare sugary fried dough soul food and others several essays consider comfort food in the context of cookbooks films blogs literature marketing and tourism of course what heartens one person might put off another so the collection also includes takes on victuals that prove problematic all this fare is then related to identity family community nationality ethnicity class sense of place tradition stress health discomfort guilt betrayal and loss contributing to and deepening our understanding of comfort food this book offers a foundation for further appreciation of comfort food as a subject of study the comfort food is relevant to a number of disciplines most obviously food studies folkloristics and anthropology but also american studies cultural studies global and international studies tourism marketing and public health

let me tell you with my skin under the earth we will find whole lot it s all of those things in this fresh and distinctive collection comfort food offers a close inward focus and

an exquisite sensitivity which bridge van neerven s indigenous and non indigenous heritage the melding of cultural experiences offers access to a unique and vibrant bicultural experience the textures and sensuality of the poems imagery create a portrait of a young woman s life and her exploration of body and mind a stunning poetry debut from an immensely talented author

bourbon is my comfort food reveals the delicious beauty of bourbon cocktails and the joy of creating them whether readers are new to bourbon or steeped in its history and myriad uses they will gain the knowledge to make great bourbon cocktails share them with friends and family and expand their whiskey horizons because the only thing better than bourbon is sharing it with a friend from building your home bar to basics on cocktail technique heather wibbels showcases more than 140 variations on classic bourbon cocktails like the old fashioned the manhattan whiskey sours highballs juleps and more in approachable ways the book also features several cocktail labs which invite readers to explore classic cocktail elements and experiment with flavors textures infusions syrups and garnishes but more than that bourbon is my comfort food is a celebration of ten years of bourbon education and cocktails by bourbon women the first group dedicated to women and their love of the spirit wibbels celebrates with cocktails from the bourbon women leadership team branches across the nation and winners from the group s annual not your pink drink contest get out your cocktail shaker and explore the wide world of bourbon cocktails with heather wibbels and bourbon women

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the perfect proposal leads to a chilling cold case in this novel in the new york times bestselling coffeehouse mystery series after everything clare and her nypd detective boyfriend have been through they deserve a little bit of happily ever after but while mike s marriage proposal to clare is steeped in perfection the celebration of their engagement is not long lived first a grim faced attorney interrupts their party with a mysterious letter bequeathing a hidden treasure to clare s daughter next the world famous jeweler who designed clare s ring is found poisoned in his shop both events appear to be connected to a cold case murder involving a sunken ship an italian curse a charming jewel thief and a shocking family secret with deadly trouble brewing clare must track down clues in some of new york s most secret places before an

old vendetta produces fresh corpses with recipes to die for including how to make cold brew coffee at home

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