

Creativity Inc By Ed Catmull A 30 Minute Summary Kindle Edition

The Body Book by Cameron Diaz - A 30-minute Summary
The Big Fat Surprise by Nina Teicholz - A 30-minute Instaread Summary
Business Adventures by John Brooks - A 30-Minute Instaread Summary
No Place to Hide: A 30-minute Summary of Glenn Greenwald's book
The Gifts of Imperfection by Brené Brown | A 30-minute Summary
Atomic Accidents by James Mahaffey - A 30-minute Instaread Summary
Creativity, Inc. by Ed Catmull: A 30-minute Summary
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The Fault in Our Stars: A 30-minute Summary of the John Green Novel
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please note this is a summary of the book and not the original book no place to hide a 30 minute summary of glenn greenwald s book inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary introduction fitness nutrition awareness and discipline are not just words but tools the human body is an amazing machine a woman s body is a culmination of everything she has ever eaten and all of the physical activity she has ever done women are constantly being pressured about how they look this book was written to help women everywhere understand their bodies and what they are capable of instead of absorbing the misinformation that surrounds them finally diaz wants readers to know how amazing it feels to nourish their bodies with nutritious foods and to keep the body moving she has consulted with nutritional and medical experts as well as experts in science and psychology to gather the important information in this book chapter 1 the nutrients in the food one consumes guides how cells develop grow and thrive human cells are living structures made of fat and protein and they use oxygen to change nutrients from what one eats into energy this is why it is so important to treat one s cells well by consuming the most nutritious foods possible nutrition is worth one s time and attention because good nutrition fills the body with energy to be healthy is to have a body that is working at its full potential and a mind that is clear happy and productive

please note this is a summary of the book and not the original book the big fat surprise by nina teicholz a 30 minute instaread summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary introduction the author had the luxury of approaching the nutritional science field as an open minded individual

with no affiliation or funding from any institutions or persons with deeply entrenched views the result is some alarming information about the ways that nutrition has been misinterpreted for decades the supposed health hazards of saturated fats found in butter eggs and meat have not been substantiated by reliable science science supports the fact that the body is healthiest on a diet rich in fat chapter 1 vilhjalmur stefansson was an anthropologist who lived with the canadian arctic inuit in 1906 eating almost nothing but meat for an entire year he later wrote the controversial book not by bread alone in which he explained that the eskimos seemed to be the healthiest people he had ever encountered despite their sedentary lifestyles and diets almost void of vegetables and carbohydrates in 1928 he and a co worker began a drastic experiment together they vowed to consume only meat and water for a year at the end of the year both men were said to be in perfect health in the early 1960 s doctor and professor of biochemistry george mann took a team from vanderbilt university to kenya to study the masai people who ate and drank nothing but meat blood and milk fat from animal sources was the source of 60 percent of their calories the blood pressure and weight of these warriors was 50 percent lower than men of the same age in the united states if american beliefs about animal fat were true mann should have seen an epidemic of heart disease among the masai however he found little evidence of heart disease among them for decades the american heart association aha the united states department of agriculture usda and other expert groups have recommended obtaining daily calories from fruits vegetables and whole grains the public has been advised to minimize animal fats and eliminate red meat from their diets despite mann s findings and similar evidence from other studies in the early 1900 s sir robert mccarrison was the director of nutrition research for the british government in the indian medical service he wrote in detail about the fact that the sikhs and the hunzas of northern india did not suffer from cancer appendicitis or ulcers like the western nations did he also noted that their great health stood in stark contrast to other groups in the southern part of india who lived on mainly white rice and little dairy or meat anthropologist ales hrdlicka studied the native americans of the southwest between 1898 and 1905 he observed that they ate mainly buffalo were extremely healthy and lived very long lives without suffering from malignant diseases a detail of these early studies often buried or overlooked is that humans today eat the muscle of the animal but this was not always the case early humans preferred the fat of the animal over its muscle meat these viscera are higher in saturated fat it is hard to even imagine eating this way when contemporary standards advise the public to do the opposite

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book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader's perspective preview of this summary chapter 1 the concept of the stock market was invented in amsterdam in 1611 as chronicled in a book published in 1688 by stock trader joseph de la vega his insights into trading remain remarkably relevant today he coined the term antiperistalsis to describe when the market reverses course then reverses course again even back then de la vega found that brokers were creative in trying to find reasons for why stocks behave the way they do the mini stock market crash that took place on may 28 1962 did not last long but offers some fascinating insight into the way the market works the causes of the crash at the time the worst since 1929 remain somewhat elusive one possibility was individual investors particularly wealthy investors not connected to the securities business however it also appeared to be the large number of rural female and foreign investors who had been playing the market with borrowed money and were forced to pay on margin calls there were also problems related to the mechanical delay in recording and reporting trades via the ticker due to the sheer volume of transactions customers could not really know what the prices were when they tried to sell stocks no matter the cause the loss was large at more than 20 billion

please note this is a summary of the book and not the original book no place to hide a 30 minute summary of glenn greenwald's book inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader's perspective preview of this summary chapter 1 edward snowden first contacted glenn greenwald on december 1 2012 using the alias name cincinnatus snowden is a former senior advisor to the nsa a former field officer with the cia and a former lecturer for the united states defense intelligence agency he had confidential information he wanted to share with greenwald but would only do it if he knew their connection was secure greenwald is a journalist known for his reporting on the wrongdoings of the national security agency nsa snowden wanted greenwald to use pgp pretty good privacy encryption on his computer so that he could safely send him some information that he had gathered although greenwald considered adding these extra security measures to his computer he was very busy with other things and did not want to take the time to put the complicated software in place snowden sent him a guide on how to add the encryption but greenwald still took no action snowden offered to find someone who could help greenwald install the system without positive proof that the information snowden had was really newsworthy greenwald did not feel motivated to take the steps necessary to install the pgp encryption however without a secure form of communication in place snowden was unwilling to risk sharing the information he had with greenwald this communication between the two took place over several weeks and then came to a standstill on april

18 lara poitras contacted greenwald lara poitras is a documentary filmmaker who is known for fearlessly taking risks in making her films she made three films about the conduct of the united states during the war on terror which made her a target of government officials whenever she entered or left the country poitras wanted to talk to greenwald about something but would only do it in person and in private in a secure location

please note this is a summary of the book and not the original book the gifts of imperfection by brene brown a 30 minute summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary chapter 1 it is necessary to practice courage compassion and connection on a daily basis in order to develop worthiness it is a mistake to try and win someone over because it means trading in the sense of self in search of approval from another by doing this people stop believing in their own worth the first step toward living wholeheartedly is for people to have the courage to reach out to others and to share their own stories of shame when in need of compassion people should reach out to the right person someone who supports them whether they are feeling strong or whether they are struggling when people are willing to reveal that they are imperfect and real their relationships are strengthened they make a connection this is why courage compassion and connection are the gifts of imperfection courage is displayed when people are willing to speak honestly and openly about who they are what they are feeling and their experiences both good and bad courage is about being vulnerable it takes courage for someone to ask for what he or she needs and to risk disappointment when one person has courage it can create a ripple effect making others around that person a little braver compassion is a relationship between two equals it occurs when people recognize they share humanity with others the heart of compassion is acceptance by people of themselves and of others in order for compassion to occur people need to set boundaries and hold others accountable for their behavior the key to compassion is being able to separate people from their behaviors it is necessary to address what people do not who they are connection exists as the energy between people who feel they have been seen heard and valued without judgment people feel strengthened by this relationship and need connection to do well emotionally physically spiritually and intellectually connections happen when people both give and receive with an open heart chapter 2 love and belonging are necessary in people s lives in order for people to experience love and belonging they must believe they are worthy people who accept themselves for who they are and who stop worrying about what others think are worthy of love and belonging at the heart of wholeheartedness is that people have to believe they are worthy now as they are not if or when they become or do something in the future

please note this is a summary of the book and not the original book atomic accidents by james mahaffey a 30 minute instaread summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary introduction water in the form of steam has always intrigued and terrified people steam locomotives were fascinating in their heyday they tended to explode crash into each other and run off the rails some people were so afraid of this technology they would not ride trains however everyone seemed to love watching staged train crashes this entertainment was popular from the 1890s until the 1930s one impresario of the staged crash was william bill crush an agent for a texas railroad forty thousand people witnessed his first crash staged near waco in 1896 crush knew little about the mechanics of steam engines but insisted his hundred mile an hour crash would be safe he was wrong the resulting boiler explosion killed three and injured six another promoter head on joe connelly was more successful he staged seventy three crashes without killing anyone unlike crush he knew he had to keep the train speed down and hold spectators back the last staged crash of this type was in 1935 the fear of steam explosions never left the public s mind when engineers began developing nuclear power they believed that steam explosions were the major challenge to safety although other methods were investigated boiling water was and still is the cheapest and most reliable way to collect energy produced at a power plant therefore it was not a challenge that could be worked around when designing a nuclear power plant additionally steam from a nuclear plant accident can spread radiation in fact during the cold war public fear of radiation was more intense than fear of steam locomotives ever was chapter 1 in november 1879 three hunters in the ozarks found a cave filled with a weird vein of silvery blue metal they had to flee when they became dizzy disoriented and short of breath one of the hunters billy henry broke out in strange sores he recovered and the story was forgotten in europe neon lights and x rays were discovered as scientists unraveled the mysteries of the atom radiology was discovered in the united states by nikola tesla but he did not pursue practical applications so wilhelm rontgen of germany got the honor of introducing radiology to the world tesla decided to take another look and stuck his head in an x ray beam for science he developed blisters and other wounds he advised everyone to avoid radiation

please note this is a summary of the book and not the original book creativity inc by ed catmull a 30 minute summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary chapter 1 every sunday as a kid catmull watched on tv the wonderful world of disney where disney explained how they made their

animations and incorporated technological breakthroughs into their work one day catmull had a life changing realization a good animation was measured by whether or not the character on the screen made you believe it was a thinking being he decided he wanted to become an animator and create emotional characters catmull graduated with a double major in physics and computer science from the university of utah in his graduate program he met professor ivan sutherland a pioneer in computer graphics and director of the computer graphics program the program was funded by the advanced research projects agency arpa the creators of the first computer network arpanet which would later evolve into the internet arpa was developed as a response to the threat of the soviet sputnik satellite the first of its kind the u s felt threatened by soviet technological advancements and they developed arpa to stay up with the soviets to catmull the lesson to be learned from this was when the competition gets smart you need to get smarter catmull found enormous inspiration in the computer graphics program not only from the technology he was discovering but also from his fellow students the collaborative and creative atmosphere he experienced there was something he later tried to emulate at pixar in 1972 catmull made his first animated film a digitized model of his left hand hand became a reference for state of the art computer animation professor sutherland came up with the idea of an exchange program with disney disney would send an animator to the university of utah to learn about new technologies and the university would send one of their students to learn about storytelling catmull was sent to propose

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the fae mercy makes him promise he won't harm her or anyone else in the house if she lets him in she asks him what he wants and he tells her that he wants his father's walking stick

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please note this is a summary of the book and not the original book mr mercedes by stephen king a 30 minute summary of the novel inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader's perspective preview of this summary part 1 chapter 1 down on his luck augie odenkirk helps homeless janice cray care for her baby as they wait in the early morning fog for a job fair a gray mercedes plows into the crowd augie janice and the baby are among the victims part 2 chapters 1-3 about a year after the mercedes crash retired detective k william hodge watches more grubby reality shows fails to enjoy his beer and thinks again of shooting himself the arrival of the mail distracts him a letter allegedly from the driver of the killer mercedes stuns him the writer brags about killing eight and wounding many he says that he got off sexually at he drove into the crowd he wore a condom and used bleach to get rid of any dna he wore a hair net under a clown mask for the same reason he knows hodge is miserable and hopes the letter cheers him up he gives hodge a website where they can talk including a username kermfrog19 chapters 4-6 hodge wonders if he should turn the letter over to his former partner pete huntley he believes the writer is the killer because he knows inside information about the condom and the bleach the idea of using this letter and chats on line to catch the killer gives hodge a reason to live

chapter 7 9 hedges analyzes the letter and sees that the writer has several identifying traits including misusing perk for perp and peppering his words with an image of a smiley face the same smiley face was glued onto the steering wheel of the mercedes hedges calls pete and makes a lunch date

please note this is a summary of the book and not the original book world order by henry kissinger a 30 minute instaread summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary chapter 1 in many early societies order was created and maintained by central leadership rather than through the self rule of states leaders in china and islam fought for power other regions experienced chaos and frustration as they tried to establish order europe uniquely allowed different regions within the whole to rule themselves leaders felt this would allow their people to celebrate and balance their own interests the fall of the roman empire shattered the rules that roman citizens had always lived by romans began to focus on christianity which was governed by the government and the church charlemagne roman emperor in 800 vowed to defend the church at all cost the empire disintegrated under his rule due to several civil wars the emperor of rome was elected by princes in unfair elections and there was a constant struggle for power between the pope and the emperor making the concept of order seem completely out of reach prince charles of habsburg became holy roman emperor after charlemagne charles focused on protecting and exalting the roman catholic church he was unable to do so when protestantism swept across the region by the fifteenth century european explorers began traveling in search of wealth and fame soon an increased focus on the individual and reason rather than the church spread through europe as the thirty years war raged on between catholics and protestants france appointed cardinal de richelieu as the chief minister of france richelieu wanted to use the balance of power to help structure foreign policy he believed that the divisions within europe were important and focused on centralizing france s government to maintain a balance of power

please note this is a summary of the book and not the original book the husband s secret by liane moriarty a 30 minute instaread summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary chapter one cecilia s husband john paul is in chicago on business she is a busy mother and part time tupperware consultant her twelve year old daughter esther is currently obsessed with the berlin wall cecilia has a piece of

the wall from a trip she took to germany several years ago while in the attic searching for it she finds a mysterious envelope with her name on it a note on it says that it should only be opened in the event of her husband s death she does not open it when she mentions the letter to john paul on the phone she is troubled by his awkward silence chapter two tess and felicity are cousins felicity was always overweight until recently when she joined weight watchers and lost forty pounds tess her husband will and felicity own a marketing business together in melbourne tess is worried about her mother who has just broken her ankle and her six year old son liam who is being bullied at school will and felicity call tess into a meeting to tell her they have fallen in love furious tess says she will move back to sydney with liam to help her mother she believes that her husband became attracted to felicity when she lost weight she tosses cold coffee in their faces

please note this is a summary of the book and not the original book the fault in our stars a 30 minute summary of the john green novel inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary chapter 1 hazel grace lancaster has thyroid cancer that has metastasized into her lungs the tumors are no longer growing because of an experimental drug but she will never fully recover hazel is watching television when her mother makes her get up and go to her cancer support group hazel dislikes the group but her mother makes her attend because she thinks she needs to socialize more she arrives just before the group begins isaac her friend talks about the surgery he will have in a few weeks he had cancer in one eye and that eye was removed however the cancer is now in his other eye and he will have to have that eye removed as well as added support isaac brought his friend augustus waters to the support group augustus a very good looking young man is also a cancer survivor he had osteosarcoma that required the removal of his leg after support group hazel and augustus wait outside for her mother isaac is with his girlfriend monica making out on the far side of the church augustus asks hazel to come to his house to watch v for vendetta with him he thinks she looks like natalie portman as she was in that movie however hazel refuses when augustus pops a cigarette into his mouth until he tells her that it is just a metaphor she finds it so amusing the irony of putting something that causes cancer into this mouth but not giving it the power to cause cancer that she agrees to go to his home chapter 2 augustus is a terrible driver because he cannot feel the gas pedal under his fake leg hazel makes him admit the only reason he has a driver s license is because the examiner felt sorry for him she calls it a cancer perk they share their cancer stories at augustus house hazel meets his parents then they go downstairs to his bedroom augustus tells hazel that he used to play basketball but before he was diagnosed he realized it was pointless the act of constantly throwing a ball into a basket then

he asks her what she likes to do she tells him about her favorite book an imperial affliction he agrees to read it if she will read his favorite book the price of dawn augustus and hazel go into the living room to watch the movie hazel thinks the movie is a guy thing augustus drives her home and asks her to call him later she promises to call when she finishes the book

please note this is a summary of the book and not the original book the vacationers by emma straub a 30 minute instaread summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary chapter 1 jim his wife franny and his daughter sylvia are all packing their bags to go on vacation in mallorca one of the balearic islands in spain jim has recently retired and is unsure what to do with his free time sylvia is happy to be leaving manhattan she will be attending brown university next year jim likes to run or walk every day so today he walks around terminal 7 jim also has a son bobby who lives in florida bobby has a girlfriend named carmen bobby carmen and franny s friend charles and his husband lawrence will meet them in mallorca the posts rented a house outside of palma from a woman named gemma on the plane ride franny and jim sit in business class on the plane while sylvia sits in coach because franny does not believe children or teenagers should sit in business class during the flight jim walks back to sylvia sylvia covers up the notebook she is writing in in the notebook sylvia has written a list of things she wants to do before she goes to college last on the list is losing her virginity chapter 2 on the plane there is a biker gang that makes a lot noise by shouting obscenities at each other jim shows interest in them and interest in buying a motorcycle but franny finds them annoying they land in palma franny reflects on how she considers it a major accomplishment that her two children like each other even though there is a ten year age difference between them the posts go into the rented house and explore all of the rooms jim reflects on the loss of his job and how franny has been tense and angry lately franny is good at being friendly in public but always finds fault in jim jim and sylvia fall asleep in their own beds franny goes to the local market to buy food for dinner franny thinks about jim s retirement and becomes angry when she admits to herself that he did not stop working for the same reasons most men do franny has a compulsive eating problem she does not see it as a problem however as compared to those who take illegal drugs sylvia wakes up and takes a shower

please note this is a summary of the book and not the original book me before you by jojo moyes a 30 minute instaread summary inside this instaread summary overview of the entire book introduction to the important people in the book

summary and analysis of all the chapters in the book key takeaways of the book a reader's perspective preview of this summary chapter 1 louisa lou clark a member of a working class family in a small english village has just lost her job although both lou's father bernard and her sister treena work neither makes enough money to help the family make ends meet without lou's income for this reason it is decided that lou should apply for a new job at the job centre as soon as possible the next day lou goes to the gym to see her boyfriend patrick he sees lou's lost job as an opportunity for her to improve herself and find something better the counselor at the job centre suggests lou apply as a care assistant for a man in a wheelchair she is not interested in this job but she is running out of options she agrees to go for the interview chapter 2 lou usually wears odd eccentric clothes for the job interview josie her mother insists she wear a business suit lou goes to granta house an elegant and expensive home next to the local tourist attraction stortfold castle she is interviewed by camilla traynor camilla is will traynor's mother will became a quadriplegic after being hit by a motorcycle he already has a nurse named nathan to take care of his personal and medical needs camilla wants to hire someone to be a companion for will and to stay with him during the day when no one else can be there lou thinks the interview goes badly therefore she is surprised when camilla offers her the job with a six month contract and generous pay chapter 3 lou reports for work at granta house the following morning camilla shows her around the annexe a space that was once stables but was turned into guest quarters this is where will lives now that he is confined to a wheelchair camilla explains her duties to lou she makes it clear that lou is not to leave will alone and unattended for more than 15 minutes at any one time camilla introduces lou to will and nathan will's nurse nathan explains will's medications to lou and tells her she is there to cheer will nathan leaves and lou and will are left to get to know each other it does not go well will is sullen quiet and talks very little she keeps herself busy with cleaning and household chores to fill in the time lou is unhappy about the first day at her new job she talks to her sister treena about it treena asks her to stick with the job because she has decided to quit her job and go back to college she has received a grant to help pay her tuition but will have to quit her job lou feels this puts more pressure on her to earn an income

please note this is a summary of the book and not the original book written in my own heart's blood by diana gabaldon a 30 minute instaread summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader's perspective preview of this summary chapter 1 it is june of 1778 and ian murray is in the forest outside philadelphia building cairns mounds of rocks meant to be a memorial to the deceased these are for his mother jenny murray and his uncle jamie fraser he believes

they have drowned chapter 2 william ransom is storming through a crowded street when a prostitute in a nearby doorway invites him in for a drink chapter 3 claire grey is upset and dealing with the mess william her son left behind after an argument william recently learned that his father is jamie fraser not john grey claire recently learned her husband jamie is alive he was mistakenly presumed dead chapter 4 john grey and jamie fraser are in the woods outside of philadelphia john tells jamie that he had intimate relations with claire jamie s wife jamie is beating him when a group of men wearing liberty caps arrives jamie hands grey over to the continental army soldiers chapter 5 the prostitute leads william to her bedroom and tells him to wash up while she makes them drinks he curses lord john for keeping his paternity a secret the prostitute returns the two fight and she kicks him out

please note this is a summary of the book and not the original book blood feud by edward klein a 30 minute instaread summary the clintons vs the obamas inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary prologue in may 2013 hillary clinton was eating lunch with six fellow wellesley college graduates clinton said that barack obama was unqualified to be president because he did not get involved with the other departments such as the internal revenue service or the justice department hillary and bill clinton made a deal with obama that they would support him when he was running for reelection if he supported hillary during the presidential elections in 2016 obama reneged chapter 1 it was august 2011 barack obama was talking to two of his advisors david plouffe and valerie jarrett they were discussing how to get obama reelected plouffe wanted to have bill clinton publicly support the campaign in order to use his popularity to get more votes jarrett wanted oprah winfrey to publicly support the campaign instead jarrett did not like the clintons and believed that winfrey could get more women and minority votes winfrey helped during the 2008 presidential election by funding some of the campaign and garnering support for obama winfrey was promised access to the white house so she could use the information she received from the obama administration to air on her network the oprah winfrey network this never happened so winfrey refused to support the campaign

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is taking place because of a plan to deconstruct and then remake the country by progressives a newer version of political liberals president obama and other progressive leaders have a vision of america that differs from the one outlined by the founding fathers this vision is based on the theory that america must fall so that others can rise it is a concept that is now accepted practice for both foreign and domestic policy currently three indicators of american decline are a stagnant economy a large national debt and a loss of power on the world stage the constitution created a formula for a new society instead of being created from conquest and force america was organized by reflection and choice president obama s policies are taking the country in a different direction than was intended by the founding fathers more power is being given to the state and less to the people extreme progressives today believe that americans stole the land their country was built on from the native indians and from mexico it is also thought america stole the labor of slaves to build the country these progressives see capitalism as based on theft because it keeps the majority of workers from having their fair share they believe america was founded on and has been sustained from theft the progressives believe from a moral standpoint america should be destroyed

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please note this is a summary of the book and not the original book killing patton by bill o reilly and martin dugard a 30 minute instaread summary inside this instaread summary overview of the entire book introduction to the important people in the book summary and analysis of all the chapters in the book key takeaways of the book a reader s perspective preview of this summary chapter 1 on october 3 1944 patton s forces were fighting for fort drian a heavily fortified german position near the french town of metz the men of his third army were inspired a few months earlier by his speech before d day in which patton told them that americans do not lose up to that point patton had never lost a battle patton s men both loved and feared him he was known for salty language which he said he used because he wanted to speak as his men did the battle at metz went wrong contrary to patton s intelligence the german defenders were tough veterans and their position was well protected patton was short on troops supplies and ammunition general dwight d eisenhower the supreme commander of allied troops in europe ordered patton to stand down so that british forces under bernard law montgomery could lead the offensive into germany this was a political decision to honor british s sacrifice during the war but patton was angry over being left out and eisenhower s decision to cut back his supplies patton thought his forces and montgomery s should move into germany at the same time patton remained determined to take drian and metz unfortunately his forces suffered severe casualties and he was forced to back down he believed eisenhower s cuts caused his first defeat eisenhower s order gave the germans an opportunity to mount a counteroffensive their leader adolf hitler feared patton especially and wanted to keep him away from this particular battlefield

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