

Exacting Beauty Theory Assessment And Treatment

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Assessment of Eating Behavior
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Handbook of Women's Sexual and Reproductive Health
Feminism and Women's Rights
Worldwide Adolescent Nutrition
Trauma-Informed Approaches to Eating Disorders
The Oxford Handbook of the Psychology of Appearance
Real Kids Come in All Sizes
Sport and Exercise Psychology
Eating Disorders in Boys and Men
Digital Technology, Eating Behaviors, and Eating Disorders
Perinatal Mental Health
The Psychology of Entertainment Media
Feminist Psychotherapy in an Indian Context
Body Image Care for Cancer Patients
Charting a New Course for Feminist Psychology
Evolutionary Perspectives on Human Sexual Psychology and Behavior
J. Kevin Thompson Adrian Meule Marnel Niles Goins Gina M. Wingood Michele A. Paludi Yolanda N. Evans Andrew Seubert Nichola Rumsey Kathy Kater Stewart Cotterill Jason M. Nagata David Šmahel Professor Colin R. Martin L. J. Shrum Jagruti Wandrekar Michelle Cororve Fingeret Lynn H. Collins Viviana A. Weekes-Shackelford

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tennis star andre agassi has been quoted as saying image is everything this may seem like an exaggeration

but it is true that for many people how they feel about their appearance means everything body image is a powerful factor in how we feel about ourselves and those who suffer from a body image disturbance are vulnerable to a host of difficulties ranging from low self esteem to bulimia and anorexia nervosa body image disturbance integrating theory assessment and treatment is a provocative analysis that integrates explanations from social interpersonal feminist and behavioural cognitive psychology this book is packed with research assessment and treatment guidance clinicians practitioners and researchers should value this book for its coverage of how psychology grapples with the troubling relationship between appearance and identity

body image issues are at the core of major eating disorders they are also important phenomena in and of themselves kevin thompson and his colleagues provide an overview of a wide variety of body image issues ranging from reconstructive surgery to eating disorders the book will be a valuable resource for even the most established researchers in the field as it is filled with data information about assessment tools and a thorough treatment of virtually all major theoretical perspectives on the development of body image and their implications for treatment and prevention at the same time the authors decision to include numerous experiential anecdotes makes the book easily accessible to those just entering the field who are trying to understand the nature of these phenomena psycinfo database record c 2004 apa all rights reserved

eating behavior encompasses a broad range of aspects from under to overeating and from normal to pathological eating the expert contributors to this volume provide a comprehensive overview of assessment methods for eating behavior research and clinical practice which include both self report questionnaires and structured interviews as well as assessment of food intake in the laboratory ecological momentary assessment cognitive behavioral tasks and psychophysiological measures they explore the assessment of eating disorders such as anorexia nervosa bulimia nervosa binge eating disorder and others they also address topics that may be associated with disordered eating and obesity but are also relevant in persons without these conditions such as restrained eating and dieting emotional eating food craving and food addiction orthorexia nervosa intuitive and mindful eating and grazing further topics that are strongly connected to eating behavior such as body image physical activity body composition and expenditure food neophobia and disgust sensitivity and weight related stigmatization are also examined this book is essential reading for researchers working in clinical and health psychology consumer psychology psychiatry and nutrition science as well as practitioners including psychotherapists physicians nutrition counsellors who assess eating behavior and related aspects in

their daily work

this volume provides an extensive overview of current research on the complex relationships between gender and communication featuring a broad variety of chapters written by leading and upcoming scholars this edited collection uses diverse theoretical frameworks to provide insight into recent concerns regarding changing gender roles representations and resources in communication studies established research and new perspectives address vital themes in this comprehensive text including the shifting politics of gender ethical and technological trends in gendered media and gender in daily life comprising 39 chapters by a team of international contributors the handbook is divided into six thematic sections gendered lives and identities visualizing gender the politics of gender gendered contexts and strategies gendered violence and communication gender advocacy in action these sections examine central issues debates and problems including the ethics and politics of gender as identity impacts of media and technology legal and legislative battlegrounds for gender inequality and lgbtq human rights changing institutional contexts and recent research on gender violence and communication the final section links academic research on gender and communication to activism and advocacy beyond the academy the routledge handbook of gender and communication will be an invaluable reference work for students and researchers working at the intersections of gender studies and communication studies its international perspectives and the range of themes it covers make it an essential and pragmatic pedagogical resource

this volume is designed to motivate and engage scientists policymakers and practitioners to greater scientific discourse reduce the stigma on and validate the importance of women s sexual and reproductive health it brings together historians anthropologists psychologists sociologists epidemiologists public health researchers genetic counselors attorneys social workers nurses and physicians and presents comprehensive coverage that will benefit women s health advocates students and practitioners

this set is both a history of the global women s rights movement and an expert analysis of where that movement is and should be heading in the future feminism and women s rights worldwide is both a richly detailed history of the women s movement around the globe and a road map for the next stages in the ongoing fight for gender equality in this landmark three volume set a remarkable team of contributors draws on a wealth of contemporary research to discuss pivotal events issues and controversies related to the global

women's movement with chapters addressing reproductive rights sexual slavery harassment forced marriage mortality in birthing domestic violence and rape job discrimination pay inequities women in leadership positions and other crucial issues together these volumes offer today's generation the real story of feminism and a call to action for the next wave of advocacy in education religion politics the military personal relationships the workplace and the home

adolescents have unique nutritional needs when compared to young children and adults as youth go through physical cognitive and behavioral development nutrition needs are dynamic and changing if these needs go undetected and remain unaddressed the results can derail physical and social maturation and include life long effects on health this comprehensive text offers a multidisciplinary perspective on aspects of adolescent nutrition using clinical cases it covers relevant topics related to adolescent health including normal development chronic health conditions and complex biopsychosocial dynamics among others the first section of the text contains an overview of adolescent nutrition that is further broken down into more specific topics such as developmental nutrition needs needs of active youth and athletes and media influences on body image the next section focuses on health disparities such as culturally appropriate care health equity international considerations and food insecurity the following section specifically addresses eating disorders ranging from anorexia and bulimia to binge eating finally the last section covers additional health considerations such as polycystic ovarian syndrome teen pregnancy substance use and gender non conforming youth written by experts in the field this book is a helpful resource for primary care medical providers registered dietitians nutritionists rdn adolescent medicine specialists as well as advanced practice nurses physician assistants psychologists licensed social workers and certified athletic trainers div

delivers a proven treatment model for clinicians in all orientations this unique hands on clinical guide examines the significant relationship between trauma dissociation and eating disorders and delivers a trauma informed phase model that facilitates effective treatment of individuals with all forms of eating disorders it describes step by step a four phase treatment model encompassing team coordination case formulation and a trauma informed dissociation and attachment sensitive approach to treating eating disorders edited by noted specialists in eating and other behavioral health disorders trauma informed approaches to eating disorders examines eating disorders from neurological medical nutritional and psychological perspectives dedicated chapters address each treatment phase from a variety of orientations ranging from emdr and cbt

to body centered and creative therapies the book also reveals the effectiveness of a multifaceted phase model approach recognizing the potential pitfalls and traps of treatment and recovery it also includes abundant psychoeducational tools for the client key features examines eating disorders from neurological medical nutritional and psychological perspectives highlights the relationship between trauma dissociation and eating disorders maps out a proven trauma informed four phase model for approaching trauma treatment in general and eating disorders specifically elucidates the approach from the perspectives of emdr therapy ego state therapy somatosensory therapy trauma focused cbt and many others provides abundant psychoeducational tools for the client to deal with triggers and setbacks offers the knowledge and expertise of over 20 international researchers medical professionals and clinicians

we live in a society in which messages associating physical attractiveness with success and happiness are pervasive this book gives a detailed authoritative account of research policy and practice in psychological aspects of appearance including the role of the media in shaping people s attitudes and behaviors towards appearance

confronting two of this country s fastest growing health problems body image and weight concerns among children and teens this practical guide shows parents how to help their children maintain body esteem and make healthy choices a routine part of their lives at a time when they should feel secure in their body s growth too many american children become anxious about size and weight and begin to eat in ways that contribute to the very problems they hope to avoid obesity negative body image and eating disorders are extremely difficult to reverse once established and can be devastating to the self esteem of developing bodies and egos long overdue real kids come in all sizes challenges the toxic myths that promote body image and weight concerns in our culture building a foundation for lifelong health parents can use these lessons to help their children eat well and be active accept size diversity in themselves and others value health and well being over image be comfortable in their developing bodies resist damaging cultural messages develop a strong identity and choose realistic role models

sport and exercise psychology practitioner case studies focuses on the most current issues in the field integrating research and practice to develop a coherent understanding of current knowledge future research directions and applied implications within the field this is the first book to include theory based case studies

for sport performance exercise and skill acquisition in one publication this text provides content that is directly applicable to those students wishing to enter the profession via various national accreditation schemes in addition to providing chartered psychologists with a text that can directly inform their reflections of their own practice sport and exercise psychology is supported by an online learning environment that includes talking heads videos for each chapter further resources questions and links to relevant external materials

boys and men with eating disorders remain a population that is under recognized and underserved within both research and clinical contexts it has been well documented that boys and men with eating disorders often exhibit distinct clinical presentations with regard to core cognitive e g body image and behavioral e g pathological exercise symptoms such differences along with the greater likelihood of muscularity oriented disordered eating among boys and men emphasize the importance of understanding and recognizing unique factors of clinical relevance within this population this book reviews the most up to date research findings on eating disorders among boys and men with an emphasis on clinically salient information across multiple domains five sections are included with the first focused on a historical overview and the unique nature and prevalence of specific forms of eating disorder symptoms and body image concerns in boys and men the second section details population specific considerations for the diagnosis and assessment of eating disorders body image concerns and muscle dysmorphia in boys and men the third section identifies unique concerns regarding medical complications and care in this population including medical complications of appearance and performance enhancing substances the fourth section reviews current findings and considerations for eating disorder prevention and intervention for boys and men the fifth section of the book focuses on specific populations e g sexual minorities gender minorities and addresses sociocultural factors of particular relevance for eating disorders in boys and men e g racial and ethnic considerations cross cultural considerations the book then concludes with a concise overview of key takeaways and a focused summary of current evidence gaps and unanswered questions as well as directions for future research written by experts in the field eating disorders in boys and men is a comprehensive guide to an under reported topic it is an excellent resource for primary care physicians adolescent medicine physicians pediatricians psychologists clinical social workers and any other professional conducting research with or providing clinical care for boys and men with eating disorders it is also an excellent resource for students residents fellows and trainees across various disciplines

after decades of research on dysfunctional eating and lack of physical activity research attention has finally turned to the role of digital technology in eating behaviors and eating disorders this timely volume offers a thoughtful and wide collection of chapters discussing the possible effects of digital technologies from those enhancing healthy eating behaviors to those that encourage disordered eating highly recommended for both professionals and scholars prof giuseppe riva università cattolica del sacro cuore milan italy this book examines in depth the multifaceted roles of digital technologies in the eating behaviors and eating disorders coverage reflects a broad theoretical and empirical knowledge of current trends in digital technology use in health behaviors and their risks and benefits affecting wellbeing with focus on eating behaviors and eating disorders the authors use both qualitative and quantitative data to focus on the digital lived experiences of people and their eating related behaviors among the topics covered the quality of eating oriented information online technology body image and disordered eating eating oriented online groups using mobile technology in eating behaviors usage of digital technology among people with eating disorders what healthcare professionals should know about digital technologies and eating disorders technology based prevention and treatment programs for eating disorders a potential source of discussion and debate in various fields across the social sciences the health sciences and psychology digital technology eating behaviors and eating disorders will be especially useful to students academics researchers and professionals working in the fields of eating behaviors and eating disorders

the prospect of parenthood represents a milestone in anyone s life course and is often a period of stress and challenge there are a number of significant mental health problems that can occur during the perinatal period the consequences of which can be both enduring and occasionally life threatening however irrespective of the specifics of the clinical manifestation of a disturbance the distress and misery that accompanies it has significant ramifications for the mother or mother to be and her partner and family this book is arranged in themed parts that represent key aspects of famili

in this volume psychologists and communication experts present theory on understanding and predicting how learning occurs through media consumption as the impact of traditional advertising has declined over the last couple of decades marketers have scrambled to find other ways to effectively communicate with consumers among other approaches marketers have utilized various forms of product integration product integration is mixing a commercial message in with the non commercial message via tv movie video and other entertainment

venues this book will be of interest to students and researchers in psychology marketing communication advertising and consumer behavior

this book offers a practical guide to feminist psychotherapy in india each chapter presents a brief literature review on the topic the author s personal experiences as a queer feminist mental health researcher practitioner real life case studies demonstrating therapeutic interventions and guidelines to remember the field of feminist psychotherapy is nascent in india and very few resources are catered to the indian context or focus primarily on indian research and practice this book is therefore relatively unique in that it focusses on practical applications which professionals can use in their work across settings and for myriad concerns at the loci of the self body relationships families work and gender based violence and it utilizes contemporary intersectional feminist values and caters to clients across the gender spectrum to do so as such this book will be an invaluable resource for mental health professionals working in india or within indian south asian diaspora key words feminist therapy intersectional mental health gender and psychology

this is the first academic textbook on body image care for cancer patients and is designed to target healthcare care professionals across disciplines internationally it provides a comprehensive overview of body image literature with cancer populations practical recommendations for assessment tools and intervention approaches are included alongside illustrative case examples

feminist psychology is vigorous creative and increasingly activist this volume reflects women s diversity and incorporates strategies for social action and opportunities for political activism it anticipates trends and developments in the psychology of women and feminist psychology chapters include those about women and self esteem leadership skills welfare reform spirituality and domestic violence the emphasis on social activism is unique unusual and cutting edge research methodologies and techniques are also discussed this book will be of interest to clinicians and scholars aiming to enhance their expertise and awareness in this field the focus on contemporary research and future directions of the psychology of women will be a welcome sophisticated addition to a syllabus for graduate courses in the psychology of women

this volume in the springer series in evolutionary psychology presents a state of the art view of the topic of sexuality and sexual behavior drawing on theoretical constructs and research of noted individuals in the field

comprehensive and multi disciplinary this book seeks to provide a broad overview without sacrificing the complexity of a multi faceted approach the book is framed by introductory and closing sections that provide a context for the range of ideas contained within ample space is provided in designated sections that focus on key areas of sexuality from both male and female perspectives and that include information from primate studies this volume can serve as a graduate text in sexual behavior in evolutionary terms and as a guide for further research

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FAQs

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