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this book provides a clinical and forensic approach to personality disorders it references the 10th and 11th editions of the international classification of diseases icd 10 and icd 11 it allows the reader to compare categorical icd 10 and dimensional icd 11 classifications and consider a third hybrid classification as advocated by several scholars laying down various diagnostic and therapeutic guidelines this book will appeal to clinical and forensic psychiatrists psychologists residents of psychiatry and students of medicine and psychology

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a father s inspiring portrait of his daughter informs this classic reassessment of the epidemic of autism when isabel grinker was diagnosed with autism in 1994 it occurred in only about 3 of every 10 000 children within ten years rates had skyrocketed some scientists reported rates as high as 1 in 150 the media had declared autism an epidemic unstrange minds documents the global quest of isabel s father renowned anthropologist roy richard grinker to discover the surprising truth about why autism is so much more common today in fact there is no autism epidemic rather we are experiencing an increase in autism diagnoses and grinker shows that the identification and treatment of autism depends on culture just as much as it does on science filled with moving stories and informed by the latest science unstrange minds is a powerful testament to a father s search for the truth

this book provides a concise and engaging examination of the subculture of the crips and bloods the notorious street gangs that started in los angeles but have now spread throughout the united states despite the dangers and harsh realities intrinsic to street life and criminal activity the no holds barred lifestyle of gangs continues to interest mainstream america this provocative book provides an insider s look into the subculture of two of the most notorious street gangs the crips and the bloods crips and bloods a guide to an american subculture traces the evolution of the two gangs covering their origins in south central los angeles to the organizations current presence throughout the united states the author analyzes the ways in which the gang subculture is created promoted and perpetuated shows how the groups currently recruit their members and explores the ways crip and blood culture has expanded beyond the gangs into the larger mainstream society

this book is a manifesto for a remarkable revolution in thinking about psychological

problems that is rapidly reaching a tipping point many psychologists and psychiatrists are proposing a far less stigmatizing understanding of mental health problems psychological problems are not terrifying illnesses of the mind but are problematic ways of thinking feeling and behaving that lie on dimensions from inconsequential to severe crucially they are ordinary aspects of the human experience both in the sense of being far more commonplace than previously believed and in arising through the same ordinary interplay of genetic and environmental influences as all behavior

a revolutionary road map for people suffering from depression anxiety bipolar disease almost any brain disorder mark hyman md new york times bestselling author of young forever discover the surprising link between your metabolism and mental health in this cutting edge guide with practical advice for treatment and care drawing on decades of research harvard psychiatrist dr chris palmer outlines a revolutionary new understanding that for the first time unites our existing knowledge about mental illness within a single framework mental disorders are metabolic disorders of the brain brain energy explains this new understanding of mental illness in detail from symptoms and risk factors to what is happening in brain cells palmer also sheds light on the new treatment pathways this theory opens up which apply to all mental disorders including anxiety depression adhd alcoholism eating disorders bipolar disorder autism and even schizophrenia this groundbreaking guide pairs cutting edge science with practical advice and strategies to help people reclaim their mental health inside palmer reveals why classifying mental disorders as separate conditions is misleading the clear connections between mental illness and disorders linked to metabolism including diabetes heart attacks strokes pain disorders obesity alzheimer s disease and epilepsy the link between metabolism and every factor known to play a role in mental health including genetics inflammation hormones neurotransmitters sleep stress and trauma the evidence that current mental health treatments including both medications and therapies likely work by affecting metabolism new treatments available today that readers can use to promote long term healing palmer puts together the pieces of the mental illness puzzle to provide answers and offer hope brain energy will transform the field of mental health and the lives of countless people around the world

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