

The Depression And Bipolar Disorder Update

Bipolar Disorder Depression and Bipolar Disorder Living with Bipolar Disorder Depression and Bipolar Disorder Depressive and Bipolar Disorders Neurobiology of Bipolar Disorder Handbook of Psychological Therapies for Bipolar Disorder Understanding and Loving a Person with Bipolar Disorder Bipolar Disorder Bipolar Disorder Psychology Today Taming Bipolar Disorder Treatment Over the Lifespan in Bipolar Disorder Bipolar Disorder Clinician's Guide to Bipolar Disorder Bipolar Disorders The Bipolar Disorder Survival Guide The Bipolar Disorder Survival Guide, Second Edition Clinical Guide to Depression and Bipolar Disorder Practical Management of Bipolar Disorder Family Experiences of Bipolar Disorder Rachael Rothman-Kerr Stephen M. Stahl Michael W. Otto Abigail Meisel Gustavo H. Vazquez Joao L. de Quevedo Thomas Richardson Stephen Arterburn Lakshmi N. Yatham Kostas N. Fountoulakis Lori Oliwenstein Andreas Reif Robert P. Reiser David J. Miklowitz Hal Marcovitz David J. Miklowitz David J. Miklowitz Martin B. Keller Allan H. Young Cara Aiken

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bipolar disorder causes extreme behavioral and mood swings these changes from the highs known as mania to the lows of depression are the reasons why it was often called manic depression in the past readers discover this and other essential information about this disorder as they explore its symptoms causes and treatments through detailed sidebars quotes from experts and full color photographs readers gain a deeper understanding of bipolar disorder as well as how to support loved ones who face its unique challenges readers are given the tools to confront the stigma around bipolar disorder with knowledge and empathy

chapters covering depression and bipolar disorder have been revised and expanded by dr stephen m stahl for this third edition

living with bipolar disorder is designed to help patients and their families develop the skills they need to be good consumers of treatment and to become expert partners in the management of this challenging disorder drawing on research documenting the strength of combining drug treatments with behavioral interventions for fighting bipolar disorder the authors of this book take a

skill based family and friends approach to managing the ups and downs commonly experienced with bipolar disorder readers will learn how to better recognize mood shifts before they happen minimize their impact and move on with their lives family members will learn how to recognize potential problems provide encouragement practice new coping skills and understand what a loved one is going through living with bipolar disorder provides worksheets and forms to help readers reinforce skills and practices learned in therapy as well as useful information about the details of living with bipolar disorder advice on the best ways to avoid relapses and strategies for anticipating problems in this new edition the authors have expanded the text to reflect the newest advances in research on the management of bipolar disorder adding the latest in drug information advice on selecting a therapist a discussion of the challenges of transitioning from adolescence to adulthood with bipolar managing stress improving relationship and communication skills both with the family and with one's clinician and more living with bipolar disorder offers a wealth of effective strategies to reduce the likelihood of episodes of depression or mania and maximize the enjoyment of life

depression and bipolar disorder are imbalances in brain chemistry that affect mood perception and behavior if left untreated these imbalances can lead to years of pain and even suicide better understanding of the causes of depression and bipolar disorder and a revolution in medications for psychiatric illness along with psychotherapy have made both conditions treatable and brought relief to millions everything from the history of these disorders to their treatment options and stories of real teens dealing with depression are covered

depressive and bipolar disorders diagnosis neurobiology and therapeutic innovations offers a comprehensive reference on affective disorders providing clinical practitioners with invaluable insights into recognition diagnosis and treatment strategies dr vázquez meticulously examines the complexities of major depressive disorder and bipolar disorder shedding light on the challenges of distinguishing between these conditions particularly when manic or hypomanic episodes are not readily apparent from historical perspectives to the latest dsm criteria this book thoroughly examines depressive disorders and the variability in their clinical course by highlighting mixed states and their implications for suicide risk exploring the neurobiology and genetics underlying mood disorders and discussing practical diagnostic tools and pharmacological interventions this book equips readers with essential knowledge accessible language and comprehensive coverage make this an indispensable resource for healthcare professionals offering insights that can profoundly impact individuals grappling with these challenging mental health conditions explores major depressive disorder and bipolar disorder bridging the gap between mood poles and addressing variability in epidemiology and clinical courses provides clinical practitioners with essential tools for recognition diagnosis and treatment including discussions on diagnostic tools symptom assessment scales and pharmacological interventions written in an easily understandable manner making it suitable for healthcare professionals across disciplines

the neurobiology of bipolar disorder road to novel therapeutics combines the basic neurobiology of bipolar disorder with discussions of the most recent advances in research including the interacting pathways implicated in the pathophysiology of bipolar disorder genetic approaches and the pharmacogenomics of bipolar disorder the basic foundational understanding of the neurobiology underlying the disorder along with a comprehensive summary of the most recent advances in research combine to aid

advanced students and researchers in their understanding of bipolar disorder management using novel and fast acting pharmaceutical and neuromodulatory approaches aids readers in understanding bipolar disorder in the context of nimh research domain criteria rdoc recommendations covers a range of existing and potential pharmacologic and non pharmacologic treatment options from lifestyle adjustments to novel therapeutics synthesizes a discussion of the cellular and molecular mechanisms underlying symptoms with clinical aspects of bipolar disorder

this comprehensive handbook covers a full range of evidence based psychological therapies for bipolar disorder with attention to special populations for this treatment chapters are concise and practical with case examples and therapy transcripts and tips to aid the clinician an emphasis on psychological theory balances existing medical approaches practitioners of all types will find this material relevant including clinical and counseling psychologists cbt therapists psychiatrists family therapists as well as trainees and postgraduate students it will also be useful for researchers in evaluating and refining interventions

becky lyke brown m s teams up with stephen arterburn to offer insight into when to help and when to pull back how to connect with what a loved one is experiencing expert advice on when and how to seek treatment ideas for specific situations and conversations help for self care and personal boundaries brown understands that loving someone who has bipolar disorder is a challenge on a daily basis this practical resource reminds readers they are not alone

bipolar disorder bipolar disorder is the most complex psychiatric disorder with different types of mood episodes subtypes varied course and significant comorbidity not surprisingly this complexity poses unique challenges to clinicians for optimal management of those with bipolar disorder there has been an explosion of research into the causes and treatment of this condition over the past two decades it is a daunting task for a practising clinician to make sense of this research and to remain up to date with progress in the understanding of the neurobiology and treatment of bipolar disorder this book synthesizes and translates the vast array of research knowledge into information that is both relevant and meaningful for a clinician the book provides a comprehensive yet focused reference work on bipolar disorder for both trainees and practising psychiatrists the two editors are leaders in the field who have published extensively on bipolar disorder they have assembled a team of experts from around the world in many instances chapters are co authored by people from different continents bringing a truly international perspective to this important topic the book covers the basic science of the pathology underlying bipolar disorder but addresses the clinical aspects of the disease throughout the book comprises four sections descriptive aspects issues ranging from how the concept of bipolar disorder has evolved over the years to new information about neurocognitive impairment creativity and economic productivity and to discussion of the deliberations of the dsm v committee on changes in diagnostic categories and criteria biological aspects the contribution of genes to this disorder changes in circadian rhythms what we know about brain changes and the role of oxidative stress management all the latest information about pharmacological and other somatic treatments plus psychological therapies for the optimal management of this condition special populations detailed descriptions of bipolar disorder in women children and the elderly if you want to provide state of the art care to your bipolar patients be sure to consult this authoritative reference

this book examines in detail the diagnostic approach to manic depressive bipolar illness with special reference to the borderline

zones with unipolar depression and schizoaffective disorder among other diagnostic issues considered are mixed episodes often misdiagnosed by psychiatrists rapid cycling and the confusion with personality disorders within the context of diagnosis and understanding of the dynamics of bipolar disorder temperament character and personality are all extensively discussed neurocognitive deficit and disability are covered as are elements of evolutionary biology and behavior with regard to treatment the major focus is on evidence based therapy with reference to the results of randomized controlled trials and meta analyses in addition contemporary guidelines and future trends are examined careful consideration is also given to the psychosocial treatment approach and issues relating to societal and economic costs and burdens

living and thriving with bipolar disorder bipolar disorder is about the wildest of euphorias and the deepest of depressions now alpha books and psychology today present all the information guidance and support people with bipolar disorder and their loved ones need in order to thrive this important book contains cutting edge research and straightforward advice from the most respected names on bipolar disorder along with the most up to date information on mental health organizations and support and advocacy groups in addition readers will find inspiring stories of courage and triumph more than two million americans live with bipolar disorder and it s on the rise among children and adolescents includes strategies for navigating the health care system nurturing relationships advancing in the workplace and repairing bridges burned during mania and depression features the latest research from new pharmaceuticals to innovative therapies dietary changes to acupuncture light therapy to mood charting

an extensively updated new edition of the highly acclaimed guide to treatment of bipolar disorder incorporating the latest research on psychosocial treatments and clear medication management guidelines this extensively updated new edition of the acclaimed book integrates empirical research from the last 10 years to provide clear and up to date guidance on the assessment and effective treatment of bipolar disorder the expert authors a team of psychotherapists and medical practitioners begin by describing the main features of bipolar disorder based on dsm 5 and icd 10 criteria current theories and models are described along with decision trees for evaluating the best treatment options they then outline a systematic integrated and empirically supported treatment approach involving structured directive therapy that is collaborative and client centered this edition includes completely updated medication management guidelines in the form of very concise and user friendly tables special considerations including managing suicide risk substance misuse and medication nonadherence are also addressed this compact stand alone resource aims to help psychotherapists psychologists medical and psychiatric practitioners and nurses deliver the highest standards of care for people with bipolar disorder

this much needed volume gives clinicians essential strategies for managing the complexities of bipolar disorder and tailoring treatment to each patient s changing needs highly readable accessible and pragmatic the book provides expert guidance on critically important treatment questions it addresses which medications to try and at what dosages what psychosocial interventions are most helpful at different phases of the illness how to continually monitor and fine tune treatment to keep patients functioning well and how to involve family members productively the authors draw on state of the art research as well as extensive clinical experience as a psychotherapist and a psychopharmacologist vivid case material is included throughout reproducible questionnaires and forms can be downloaded and printed in a convenient 8 1 2 x 11 size winner first place american journal of nursing book of the year

award psychiatric and mental health nursing category y

bipolar disorders manifest themselves in wild mood swings that affect some 5 7 million americans causing many to lapse into deep states of depression or manic episodes featuring out of control behavior and overwhelming euphoria through objective overviews primary sources and full color illustrations this title examines what are bipolar disorders and what are the symptoms what causes bipolar disorders how do bipolar disorders affect people and what treatments are available for bipolar disorders

a bipolar diagnosis can be overwhelming to sufferers and their family members they need trustworthy information and support for finding the right treatment and coping with the illness s devastating ups and downs over 200 000 readers have already found exactly that in this indispensable guide from a leading expert explaining the disorder s causes diagnosis and best current treatments david j miklowitz shows how to plan for and reduce recurrences of mood symptoms make needed lifestyle changes to stay well and strengthen relationships strained by the illness readers love the user friendly tone true to life stories checklists worksheets and practical problem solving advice updated throughout the second edition has a new chapter for women only the latest facts on medications and therapy and an expanded discussion of parenting issues for bipolar adults this book will be invaluable to people with bipolar illness and their family members and significant others mental health professionals and students

this book has been replaced by bipolar disorder survival guide third edition isbn 978 1 4625 3498 2

conceived in the early 1970s to study the phenomenology diagnosis genetics and clinical course of depression the nimh collaborative depression study cds has influenced research and practice since its inception clinical guide to depression and bipolar disorder findings from the collaborative depression study summarizes key findings from the study and the related literature to provide comprehensive and up to date knowledge on the course and outcome of illness in mood disorders nowhere else can clinicians find such detailed longitudinal data combined with astute clinical analysis of the current research the volume offers historical background on how psychodynamic psychiatry was overtaken by psychobiological perspectives and the challenges and controversies that gave rise to the cds providing the context necessary to understand the profession s development to the present day a wealth of information on nosology natural history phenomenology and treatment response in depressive and bipolar disorders detailed descriptions of the study methods employed providing information and insights that will assist researchers in the longitudinal design of prospective cohort studies comprehensive review of outcomes in mood disorder including delineation of the long term course of bipolar i bipolar ii and unipolar major depressive disorders the implications of which will continue to be instrumental in the development of psychiatric nosology and indispensable to clinicians engaged in assessment and treatment critical information clinicians need in order to read the clinical signs in their patients and predict the switch from unipolar to bipolar disorder a fascinating review of the evolution of diagnostic thinking about the role of anxiety in mood disorders and the contributions of the cds to the newly published dsm 5 each chapter is accompanied by a time saving summary as well as a section on clinical implications that translates the findings into practical points and key recommendations clinicians need to know to provide optimal care psychiatrists clinical psychologists residents and fellows will turn to clinical guide to depression and bipolar disorder findings from the collaborative depression study to better understand the course and outcome of their patients mood

disorders and ultimately to improve their clinical skills

bipolar disorder or manic depression is characterised by episodes of pathological mood states the two poles are mania with a predominant elated or irritable mood and depression with feelings of sadness anxiety guilt or hopelessness but mixed states frequently occur episodes can last for many months and profoundly affect physical health relationships and careers since diagnosis and management are difficult this practical guide provides an overview of the disorder and detailed guidelines for treating the illness throughout its stages from authors internationally renowned for their work in bipolar disorder also discussed are disease theories mechanisms and key clinical trials as well as chapters devoted to psychosocial treatments substance misuse and insights from lived experience in depth analyses of selected population groups including youth the elderly and women complement guidelines for clinical approaches in managing bipolar disorder comprehensive and detailed this guide will prove invaluable to clinicians general practitioners psychiatrists and psychologists

bipolar disorder bp can be a devastating illness seriously affecting not only the person with bipolar but also family and friends while most people are familiar with the terms manic depressive and bp there remains a lack of real understanding about the illness and many sufferers and their families can feel helpless alone and misunderstood

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